

SURGERY DAY CHECKLIST

- Bring your medication list to the hospital

- 6 hours before surgery - can have a light meal
- 3 hours before surgery - clear fluids (coffee, tea (no milk), apple/orange juice with no pulp)

- Arrange a ride to and from the hospital

- Take your medication as normal with a small sip of water **EXCEPT** your diabetic medication. Bring your diabetic medication with you to the hospital to be taken after your surgery.